Dear friends and family:

On October 6 I am racing in the Maine Road Race to raise funds for Alzheimer’s prevention research in memory of my grandmother. I hope you will join me in helping me meet my $2,500 goal. Every dollar helps, and you can donate here: [www.crowdrise.com/o/en/campaign/memories-for-tomorrow](http://www.crowdrise.com/o/en/campaign/memories-for-tomorrow)

Your gift will support the Josephine and John Marr Alzheimer’s Research Fund at Brigham and Women’s Hospital. I choose to run with the Marrs for many reasons, including:

- Every dollar raised goes to the Marr Fund.
- Researchers know that Alzheimer’s begins at least 10 years before cognitive symptoms; however, we still do not know when and how to intervene.
- Our support is fueling an early stage research study following 50-65 year-olds at high risk for the disease but with no cognitive changes. Researchers aim to determine the very earliest changes that signal the transition from normal cognitive aging to progressive cognitive decline. This is done through brain scans and memory tests.
- The information learned informs scientific research in Boston and around the globe - any researcher can gain access to the data through the Harvard Aging Brain Study.
- The research is vital to the development of future Alzheimer’s prevention trials, some of the largest are currently being led by one of the Marr Fund lead investigators, Dr. Reisa Sperling.
- Every 68 seconds, someone in the US develops Alzheimer’s disease.

Thank you for your consideration of [support](#). If you have questions or wish for more information about the research, please feel free to reach out.

Ginny